

No one is too broken, hurt, or sinful for Jesus to save and make new

Dear Friends,

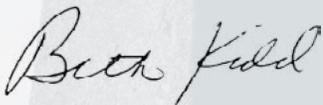
For the last 25 years, the core of our ministry has been an adult long-term residential program. Starting as a single home in Dorchester in 1994, we moved to Lowell in 2000 and continued to expand. In 2010, we introduced the concept of a two-level program and today have four residential homes: Men's Level I, Women's Level I, Men's Level II, and Women's Level II.

Rebuilding a life is not a 4-week or 4-month process - it takes time. In Level I, Residents focus on knowing God and entering into a growing relationship with Him. They also focus on healing, relapse prevention, and life skills. Level II continues Level I instruction while the Resident returns to school or enrolls in job training.

In this newsletter, I would like to introduce you to Brandon, a Resident in the Men's Level I Home. Brandon, who arrived 5 months ago, is getting to know God and is building a foundation that will enable him to leave his old life behind.

It is your prayers and financial support that allow us to come alongside men and women and spend the necessary time with them as they rebuild their broken lives.

Together we are making a difference.



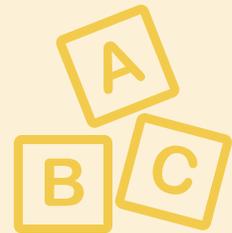
Beth Kidd
Founder



WHAT WE DO



Adult Residential Program



Kids of Promise



Training & Internships

WHO WE SERVE

Men's & Women's Residential Homes

Ages: **26-59**

Alcohol Abuse: **67%** *Age at Start: 12*

Drug Abuse: **83%** *Age at Start: 15*

Opioid Abuse: **84%** *Age at Start: 18*

Serving Capacity: **30**

Kids of Promise Children's Program

Ages: **6-14**

Urban: **100%**

Minority: **95%**

First-Generation: **48%**

Refugee: **16%**

Have at least one parent in prison, addicted to drugs, or absent from their lives: **93%**

Serving Capacity: **100**

OUR MISSION To offer new life to society's most hurt and broken and to equip the local church to minister to them

ADULT LONG-TERM RESIDENTIAL PROGRAM

Level I: Building the Foundation for a New Life

Level I Residential Program Daily Schedule

A day at Place of Promise is highly structured and focused on healing and growth. We combine a faith foundation with clinical support for medical and mental care, relapse prevention, and life skill instruction such as repentance, confession, receiving forgiveness, and setting healthy boundaries. We have recreational activities throughout the week and attend church every Sunday.

7:30 – 8:00	Breakfast	12:00 – 1:00	Lunch
8:00 – 8:30	Session 1 (Prayer)	1:00 – 2:00	Session 4
8:45 – 9:00	Session 2 (Group Devotions)	2:00 – 4:00	Appointments, Laundry, Homework, Journal
9:00 – 9:15	Review of Daily Schedule, including all appointments (Doctors, Medical Specialists, Dentists, Therapists, Psychiatrists, Court, Probation/Parole Officers)	4:00 – 5:30	Session 5
9:15 – 9:45	Medications	5:30 – 6:00	Free, Journal
10:00 – 11:00	Session 3	6:00 – 6:45	Dinner
11:00 – 12:00	Chores, Laundry, Homework, Journal	7:00 – 8:00	Session 6
		9:00 – 9:30	Medications
		11:00	Lights Out

Brandon, Age 27, Level I Men's Residential Home

Brandon, who grew up in Townsend, MA, began using marijuana and alcohol in the 7th grade and was able to stop whenever needed. After being introduced to Christianity in high school, he started to read the Bible on his own, his grades improved, and he was selected as captain of the track team. After graduation, Brandon got a job, and, by all appearances, was doing great.

It did not last. The substance abuse returned, he lost his job and his apartment, began to couch surf, and, at the age of 27, was living in the woods. Desperate for a new start, Brandon went to the Crisis Stabilization Unit (CSU) in Leominster in January 2019. "I was nervous. Not drinking and not smoking wasn't enough. I needed a program to help me get back on my feet. I asked for a Christian program, and the CSU Case Worker recommended Place of Promise."

Brandon came to the Men's Level I Home in late January. "With the alcohol and marijuana removed, there is an empty space that needs to be filled. God is filling that space."

In addition to a self-study on the life of Joseph, Brandon is really

enjoying the Acts, James, Matthew, and Romans Bible Studies led by men from partner churches who volunteer at Place of Promise.

Brandon also enjoys dinner with the other Residents. "Together, we relax, we talk about the day, and how we're doing. Since we take turns making dinner, we try to outdo each other. Using donations from two food banks and several restaurants, it is quite the culinary experience."

Brandon hopes to complete the Level I Program by the end of the year. "Place of Promise is giving me the time, space, and tools to be both physically and spiritually sober. When I leave, I want to find a church, join a Bible Study, and return to construction."



"Physical Sobriety is Not Enough"